

What is claimed is:

1. Seed of soybean variety XB53J04, representative seed of said soybean variety XB53J04 having been deposited under ATCC Accession No. \_\_\_\_\_.  
5
2. A soybean plant, or a part thereof, produced by growing the seed of claim 1.
3. The soybean plant part of claim 2 wherein said part is pollen.
- 10 4. The soybean plant part of claim 2 wherein said part is an ovule.
5. A tissue culture of protoplasts or regenerable cells from the plant of claim 2.
6. A tissue culture according to claim 5, wherein cells or protoplasts of the tissue  
15 culture are obtained from plant tissue selected from the group consisting of:  
leaf, pollen, cotyledon, hypocotyl, embryos, root, pod, flower, shoot and stem.
7. A soybean plant regenerated from the tissue culture of claim 5 and having all  
the morphological and physiological characteristics of soybean variety  
20 XB53J04, representative seed of said soybean variety XB53J04 having been  
deposited under ATCC Accession No. \_\_\_\_\_.  
25
8. A method for producing a progeny soybean plant comprising:  
crossing the plant of claim 2 with a different soybean plant,  
harvesting the resultant soybean seed, and  
growing a soybean plant.